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### **Children Smile Project (CSP) 2018 - 2019** **FREE DENTAL CARE FOR CHILDREN**

Dear Friends, Oral health and Medical health care workers and Teachers.

I am Sareth Brak, the team leader and founder of Raise and Support the Poor (RSP). I graduated in Philosophy at Preah Sihnouk Raja Buddhist University in Phnom Penh. Since then I have been working with the charities: Buddhist Education for Peace and Nonviolence Center (BEPNC), Member for World Peace (MWP), Youth Network for Change (YNC) and have worked as a teacher for Building the Future for Generations of Cambodia (BFGC). I am committed to helping the poor and improving the lives of children in Cambodia so they may reach their fullest potential.

Raise and Support the Poor organization was developed by a group of youth volunteer team in rural areas in Cambodia 2007. Disturbed by the poverty we witnessed around us in remote areas we have since devoted ourselves to serving the poor as best we can.

RSP is a non-profit charity organization committed to helping children of the poorest families in Cambodia. As such, those who live at the fringes of Cambodian society live a life of desperate poverty- a poverty that typically manifests itself as having little food, minimal or no education and few other skills. These conditions make it extremely difficult for these families to improve their lives.

Generally, our children come from poor families and orphanages and have little access to other sources of learning. We strive to educate our children to the best of our abilities and are always looking for ways in which we can improve the level of education our children receive. Since its foundation, RSP has not only succeeded in providing basic education to hundreds of students, but has also introduced livelihood training programs, has upheld children's rights, has constructed school, library, toilet, kitchen-house, hospital, water supply project for daily use and local agriculture, sending children to continue their studies at university and more.

RSP supports the promotion of non-violence, lectures against the use of violence within the family unit and the community and promotes a loving and safe environment. RSP does not judge or discriminate based on religion or complexion. We are not under the influence of any particular political party or person; RSP is self-governed and works with the sole purpose of serving the poor and marginalized.

**Vision:**

Raise and Support the Poor's vision is one in which not only the children of Cambodia but all children of the world are able to realize their full potential as human beings and members of their local and global communities, in a way that respects human rights and human dignity.

RSP believes education is crucial in alleviating poverty. By providing marginalized communities, both children and adults, with education and skills, RSP enables people to lift themselves out of their own difficulties.

**Mission:**

Through community leadership and participation, RSP aims to improve the quality of life of marginalized people in Cambodia through education and by providing life skills in a process that unites people across cultures and adds meaning and value to their lives.

It is important that local community members play a vital role in whatever project or effort RSP is involved in, so that the people themselves take responsibility and ownership over the process of improving their own lives. Throughout the relationship, RSP aims to act simply as a facilitator and a source of resources and guidance for the communities.

**• ABOUT THE PROGRAMME**

This Children Smile Project (CSP) was created in August 2017, to give Cambodian people the opportunity to develop a sustainable oral health program, targeting the most impoverished children in rural areas in Cambodia. CSP is a humanitarian programme which delivers basic, but essential dental services to a wide range of children from all backgrounds. These include orphans, vulnerable, children, street/garbage dump children. In Cambodia, many children are unable to access the most basic of oral health instruction/care. According to this, CSP is currently working on healthcare project which offer free Health Care Service for more than 1,000 orphaned and poor children where the area suffers from extreme poverty and is a very remote area. When we arrived, the need for oral health care was overwhelming. We desperately need your help to develop this worthwhile project.

Donations can be money, dental materials/equipment or even your valuable knowledge/skills. There is an opportunity to travel to Cambodia and see what we do for the children. We are looking for Dental Volunteers (young and old) therapists/hygienists and oral health educators. The children and the community will benefit enormously with your help and volunteering.

By the time a child reaches five years old in Cambodia, they can have around 5-10 teeth which show advanced decay. Many have experienced extreme pain at some point, along with infection.

## **What we do together for helping children**

Our mission is to improve vulnerable children's oral/dental health in impoverished areas of Cambodia. To collaborate with education programmes/organisations to provide essential oral health education and care amongst vulnerable children. To educate children on how to take care of their own teeth through diet and daily brushing.

## **Support us**

**Help children in Cambodia:  
It costs just \$20 to treat a child for one year**

## **Volunteering**

How Children Smile Project is run

The Children Smile Project RSP's school runs full time, but in two different shift patterns. Dentists/volunteers can choose in which shift they want to work, leaving either the week or weekend free to relax and do sightseeing in the village, city and touristic places.

There is also an opportunity to take Children Smile Project "mobile" and travel into different schools, villages, communities and orphanages in rural areas. This will need to be pre-arranged, so equipment and mobile chairs including transport will be made available. It is a great opportunity to experience how Cambodians really live.

RSP has a full time manager to help you with your accommodation, transport to CSP, translation etc. We can also advise on evening meditation courses/Khmer cooking, culture and playing games with children in the village if you would like to.

In order for Children Smile Project to work for helping children, we ask that you help support us by fundraising donations to sponsor the project. 100% of any money raised will go towards the charity, as it is a non profit organization. It will help buy new equipment and dental materials for the children.

The project will help more than 3,000 children for the year of 2018-2019, with the expectation that the **Dental Care Programme** will continue in the following years. With your sponsorship, more and more Cambodian children will receive help from the **Dental Care Service** in the community and beautiful smile for themselves as well as many others.

## **Budget require for the project**

**The project will help more than 3,000 children for the year of 2018-2019.**

**Please Support and Help children in Cambodia:  
It costs just \$20 to treat a child for one year**

The table below shows the budget that is required for successful implementation of the RSP's Children Smile Project "FREE DENTAL CARE FOR CHILDREN"

<b>I</b>	<b>Sponsoring 3,000 children</b>			
	<b>Beneficiary</b>	<b>Amount</b>	<b>Treating a child for one year</b>	<b>Total (\$)</b>
<b>1</b>	<b>Children</b>	<b>3,000</b>	<b>\$20</b>	<b>\$60,000</b>
<b>2</b>	<b>Total (I)</b>			<b>\$60,000</b>
<b>II</b>	<b>Purchasing Equipment, material, medication and other supplies</b>			
<b>N0:</b>	<b>Name of material</b>	<b>Quantity</b>	<b>Unit price (\$)</b>	<b>Amount (\$)</b>
<b>1</b>	<b>Types of Dental Instrument Supply</b>	Dental Assistant Operative Kit Needle Holder Dental Mirror Rubber Dam System Rubber Dam Clamp Rubber Dam Clamp Forceps Cotton Forceps, College Pliers, Pick ups Spoon or Caries Excavator Dycal or Calcium Hydroxide Applicator Plugger or Condenser Anatomical Burnisher or Acorn Ball Burnisher PFI-plastic filling instrument Discoid-cleoid amalgam carver Tofflemire Matrix band & retainer Flowable composite Enamel & Dentin Etchant Vial of Bonding agent Bonding agent Brush Universal Restorative composite Uni-dose Applicator Gun Composite Curing Light Air/Water Syringe Saliva ejector High Volume Evacuation-HVE High speed hand piece Straight nose piece & Contra angle	<b>6,000</b>	<b>6,000</b>

		Dental burs Articulating Ribbon holder & Ribbon Numb the mouth Cotton 2x2 & Cotton Rolls -Toothbrushes and toothpastes			
<b>2</b>	<b>Dental Operative Instrument</b>	Dental Chair Unit Optional Accessories Intraoral Camera Scaler Curing Light Handpiece pipe Handpieces Air Compressor	<b>20,000</b>	<b>20,000</b>	
<b>3</b>	<b>Autoclave</b>	1 x 50L	<b>3,000</b>	<b>3,000</b>	
<b>4</b>	<b>Total (II)</b>			<b>\$29,000</b>	
<b>III</b>	<b>Hospital staff for community service to run the project</b>				
<b>N0:</b>	<b>Staff and position</b>	<b>Skill</b>	<b>Salary (\$) per month</b>	<b>Salary (\$) per year</b>	<b>Total (\$)</b>
1	Manager	Managing hospital	1 x \$800 = \$800	\$9,600	\$9,600
2	Doctor	Dentists	2 x \$700 = \$1,400	\$16,800	\$16,800
3	Assistant	Dentist assistant	1 x \$600 = \$600	\$7,200	\$7,200
4	Administrator	Administrative work in hospital	1 x \$600 = \$600	\$7,200	\$7,200
5	Orderly stuff	Instrument material, driver and cleaning service in hospital	2 x \$500 = \$1,000	\$12,000	\$12,000
<b>6</b>	<b>Total (III)</b>				<b>\$52,800</b>
<b>IV</b>	<b>A part of administrative work service in hospital to run the project</b>				
<b>1</b>	<b>Name of material</b>	<b>Per month (\$)</b>	<b>Per year (\$)</b>	<b>Total (\$)</b>	
2	Electric supply, notebook, paper, pen, first aid annual,	All material supply			

	ink for printer, hygiene postures and other materials require	300\$	3,600	3,600
3	Internet and media service	45\$	540	540
4	Yearly annual report for community and donor	Organizing meeting and publishing to promote healthcare in the community	1,500	1,500
5	<b>Total (IV)</b>			<b>\$5,640</b>
<b>CSP need fund to run the project</b>				
<b>Subtotal = I + II + III +IV</b>			<b>\$147,440</b>	

We hope that you will support the Children Smile Project. Without your support, we can not help as many children as we possibly can. Your wonderful sponsorship gives more and more Cambodian children opportunity to get **Dental Care Service** in the community and beautiful smile for themselves as well as many others. Our grateful to your sponsorship and we really appreciated to it.

*Good health is a special gift for everyone in the world!  
Sponsoring a child to get your beautiful smile!  
Offering a small thing, with great love!  
Helping others to help yourself, Loving others to love yourself!*

Submitted by, August 18<sup>th</sup>, 2017  
**Director and Project manager**

RSP organization, August 17<sup>th</sup>, 2017  
**Administrator**

**Sareth Brak**

**Sreyneang Yav**